



Berry Cottage Cheese Overnight Oats

2 servings

8 hours

Ingredients

2/3 cup	Oats
1 cup	Cottage Cheese
1 oz	Collagen Powder (optional)
1 tsp	Vanilla Extract
1 1/3 tbsps	Raw Honey
1 cup	Unsweetened Almond Milk
1/4 cup	Sliced Almonds (divided)
2/3 cup	Frozen Berries

Directions

- 1 Add the oats, cottage cheese, collagen powder, vanilla, honey, milk, and half of the sliced almonds to a bowl. Mix well to combine.
- 2 Divide between sealable containers and top with the berries. Refrigerate sealed overnight or for at least eight hours.
- 3 Top with remaining sliced almonds. Enjoy!

Notes

Leftovers:	Refrigerate in an airtight container for up to five days.
Serving Size:	One serving is equal to approximately one cup with toppings.
Make it Vegan:	Use coconut yogurt or cashew cheese instead of cottage cheese. Omit the collagen and/or use vegan protein powder instead.